

# About CMG



CMG was established in 1996 by the parent of a person with learning disabilities and since then its ethos has always been that the people we support and families are at the heart of the organisation.

We have significant expertise in supporting people with particularly complex needs, including autistic spectrum conditions, mental health needs, challenging behaviour, profound and multiple learning disabilities and associated complex health needs. Our personalised services include:

- Supported living
- Residential care
- Outreach and home support
- Day services

*"The great support that staff have given my daughter has helped her so much. She has come on in leaps and bounds and this is the happiest I have ever seen her."*



## A personal approach to everything we do

- Every individual is offered support to develop a person centred plan (PCP) in a format of their choice, with the help of dedicated PCP Facilitators in each service.
- All our staff are trained in person centred active support, a structured approach to supporting people with learning disabilities which maximises their engagement in meaningful activities, from domestic tasks to education, employment and leisure activities in the community.
- Our total communication approach supports individuals to use their preferred communication method to express wishes and make choices, from intensive interaction and sensory stories through to symbols, photos and objects of reference.

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*fulfilling potential*

## What makes us different?

CMG always endeavours to be at the forefront of national best practice and works tirelessly to give the people it supports every opportunity to fulfil their potential. These are just some of the ways this is achieved:

- An experienced Clinical and Crisis Team comprising a Learning Disability Nurse, Psychologist, Healthcare Facilitator, Physiotherapist, Registered Mental Health Nurse and Clinical Nurse Specialist.
- A Service User Quality Checker Team and Relative Quality Checker Team to carry out audits and spot checks in our services.
- A Service User Parliament with elected service user MP's who represent their peers and effect change throughout CMG.
- A Positive Behaviour Support (PBS) team who have developed an internal PBS Accreditation Programme which provides services with a clear structure to embed PBS practice and cultures.
- Award winning training including innovative e-learning programmes and specialist workshops tailored to ensure the needs of all our service users are met.
- A large number of people we support who are in paid and/or voluntary employment.
- A central Relative Liaison Officer who is a dedicated point of contact (outside of the service) for families to discuss any concerns they may have.

**CMG Group is the only learning disability provider in England to achieve 5 CQC 'outstanding' rated services'. 97% of its services are now rated as either good or outstanding.**

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## Supporting young people in transition

We are experienced in supporting young people aged 16 to 25 who are in transition from their school, college or family home. We work with people and their families to develop individually tailored transition and support plans, ensuring that everything is taken at their own pace.

Our transition services focus on supporting people to embrace new opportunities and develop their skills in order to live as independently as possible and achieve their individual goals.

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## A huge variety of events and activities

CMG hosts a wide variety of fun and rewarding events for the people it supports. These include:

- Conference and talent show
- Award achievement ceremony
- Athletics championship with medals handed out by Olympic and Paralympic champions
- Celebrating culture day
- Supportive therapies day for PMLD service users
- Football and netball championships
- Driving Up Quality Roadshows

*"When David first moved into CMG, there had been serious concerns about his wellbeing and behaviour. I am delighted with his progress. He is clearly happy in CMG and has a good rapport with staff. There has also been no reports of any behavioural issues and I am very impressed with how quickly David's physical wellbeing has improved. I am confident the support he receives from CMG is of a high standard"*

**Care Manager**

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