

Supporting autism at CMG



CMG provides specialist support for people with autism spectrum conditions including asperger syndrome and associated complex needs including behaviour that challenges and mental health conditions. We support over 200 people in 18 autism specific services in England and Wales which are adapted to offer low arousal environments, specialist support and therapy input.



Our specialist autism services include:

- Supporting sensory processing disorders
- Positive Behaviour Support
- Therapy input from our dedicated Clinical Team
- Low arousal environments
- A person-centred approach
- Sensory Profile Assessments
- Anxiety and anger management plans
- My Autism Plan or My Asperger Plan developed for each individual
- Supporting accessible and alternative forms of communication
- Developing predictable routines and meaningful activities
- Developing life and social skills
- Developing interests and employment opportunities
- ASDAN modules linked to everyday life skills
- Creating and maintaining friendships and family contact

"Thank you for supporting A so well through a difficult period and enabling him to develop his skills and have new social experiences." - family member

We can provide support:

- In your own home
- In supported living
- In residential and day services

"R has come on leaps and bounds and this is the happiest I have ever seen her." - family member

For further information please contact:

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fulfilling potential

What can you expect from a CMG service?

Staff that are trained by our specialist team of autism trainers and who understand the challenges and opportunities. Our training centres around sensory impairment and/or sensitivity, capacity and person centred approaches. We have also trained some of the autistic people we support, to provide staff training.

- Development of a comprehensive positive behavioural support plan which identifies the functions of behaviour, early warning signs/triggers and strategies staff should respond to.
- CMG's Wheel of Excellence monitoring tool which identifies 16 outcome measures relating to independence, health and wellbeing. These are monitored six-monthly to ensure a strong outcome focus.
- Encouragement to live an active and varied life including participation in CMG's many annual events and community activities and encouragement and support to find paid or voluntary employment opportunities.
- Quarterly Autism Best Practice Forums for staff to ensure the sharing and dissemination of good practice.

*"J seems so healthy and happy, he really is at home now."
- family member*

"People gave examples of how they had been supported and as a result how they felt 'much more in control and happier.'" - CQC Inspector

"One person showed us the CMG award they had received for 'Best Achievement in Voluntary Employment'. They said that 'without support staff, I would never have been able to do this.'" - CQC Inspector



Simon Tobin, a service user at CMG, training staff on autism



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