

Supporting autism at CMG



CMG provides specialist support for people with autism spectrum conditions and associated complex needs including sensory processing differences, behaviours which challenge and mental health conditions. We support over 300 people with an autism condition in England and Wales. People live in a range of accommodation including supported living or residential services, or provided with outreach support. A number of services are specifically designed to support only people on the autism spectrum.



Our specialist autism services include:

- Supporting sensory processing differences
- Positive Behaviour Support
- Therapy input from our dedicated Clinical Team
- Low arousal environments
- A person-centred approach
- Sensory Profile Assessments
- Anxiety and anger management plans
- Focus on Total Communication
- Developing predictable routines and meaningful activities
- Developing life and social skills
- Developing employment opportunities
- ASDAN (towards independence)
- Creating and maintaining friendships and family contact
- Supporting people with relationships, sexuality and sexual identity

We can provide support:

- In your own home
- In supported living
- In residential and day services

"CMG have really supported me to boost my confidence and helped me find work, which has increased my independence" - person we support

"C has had many transitions in his life and this one by far has been the best" - family member

"Staff are always there for me to talk to and help me with my emotions or when I want to organize things. They are good at understanding me"- person we support

For further information please contact:

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fulfilling potential

What can you expect from a CMG service?

Staff that are trained by our specialist team of autism trainers who understand the challenges that people with autism face. Our training centers around communication to build capacity and interactions, sensory sensitivities and person centredness. Also, several of our autism trainers are experts by experience and provide valuable insight and learning for our staff, as well as advising us on developing new services.

- Development of a comprehensive positive behaviour support (PBS) plan which identifies the functions of behaviour, early warning signs/triggers and strategies for staff to follow
- Structured skills training including the opportunity to participate in the nationally recognised ASDAN (towards independence) programme.
- Encouragement to live an active and varied life including participation in CMG's many annual events and community activities.
- Encouragement and support to find paid or voluntary employment opportunities.

*"C appears to be very happy. I am so proud of him and grateful for everyone's input."
- family member*

"People gave examples of how they had been supported and as a result how they felt 'much more in control and happier.'" - CQC Inspector

"R has come on leaps and bounds and this is the happiest I have ever seen her."- family member

"One person showed us the CMG award they had received for 'Best Achievement in Voluntary Employment'. They said that 'without support staff, I would never have been able to do this.'" - CQC Inspector



Simon Tobin, who lives at a Supported Living service in Surrey



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